

COMMUNITY HEALTH WORK 101 ECHO TRAINING

Starting October 1, 2024

Tuesdays and Thursdays | 10AM - 11:30AM | Virtual

SIU Medicine's Community Health Work 101 ECHO training will help build individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities. Participants will learn to master important topics that will enhance their abilities and knowledge of Community Health Work in order to serve as a liaison between health, social services and the community.

PROGRAM TOPICS

- Community Health Worker Overview
- CHWs and Public Health
- The Social Determinants of Health and Assessment
- Communication and Cultural Competency
- Capacity Building and Community Outreach
- Complex care and Chronic Conditions
- Mental and Emotional Health
- The Substance Abuse Factor
- Promoting Health Lifestyles and Healthy Eating Active Lifestyle (HEAL)
- Navigating the Health and Social Service System
- Safety and Legal Issues for CHW's
- Service Coordination Skills
- Tying it all Together

GOALS OF THE INTEGRATED BEHAVIORAL HEALTH ECHO

- Learn how Community Health Work impacts Public Health
- Identify and understand the cultural diversity in your region
- Use tools and knowledge to assess the physical and mental health needs of your clients
- Learn the most common health conditions CHWs see and their impact on overall care
- Learn about substance use and the effect it has on physical and mental health
- Learn how CHWs help improve mental health outcomes
- Gain knowledge on capacity building and its importance to community outreach
- How to promote and health clients manage or avoid chronic illness by adopting a healthy lifestyle
- How to navigate the health and social service system
- Identify safety and legal issues for CHWs
- Learn the importance of support roles in case management

PROJECT ECHO

Project ECHO (Extension for Community Healthcare Outcomes) is an "All Teach, All Learn" tele-mentoring program where participants engage in a virtual community with their peers to support, guide and give feedback. As a result, participants gain understanding of how to disseminate and implement best practices across disciplines to improve and expand in their specialty.



To register, scan QR code or visit,
[https://iecho.org/public/program/
PRGM1689800177003SH008XVL9V](https://iecho.org/public/program/PRGM1689800177003SH008XVL9V)

For more information about this ECHO series, email echo@siumed.edu or knelson49@siumed.edu



****Certificate of completion will be available after each session. Must complete the pre and post test for each session in order to receive the certificate.****